



PATIENT INSTRUCTIONS FOR AUDITORY BRAINSTEM RESPONSE (ABR) TEST

Purpose of this test: These tests provide us with information about your hearing and the brain mechanisms that help you hear. In some cases, this testing may help us determine what might be wrong with these mechanisms.

Test procedure: We will secure a few electrodes to your forehead and earlobes with a washable paste. There is no pain associated with this application. Earphones will then be placed into your ears, and sounds will be presented into your ear(s). This test should take approximately 45-60 minutes.

INSTRUCTIONS:

- Arrive for the test with a clean, dry and natural face (no lotion, make-up, etc.) in order to expedite the application process.
- Remove all jewelry from your head and neck before you arrive, including earrings, necklaces, and all pierced areas such as the ear, tongue, eyebrow, nose, etc.
- It is important that you be relaxed (you may be allowed to sleep during part of the test); therefore, we ask that no caffeine or other stimulant be used within four hours of the test (no coffee, tea, soda, etc.)
- Do not consume alcohol within 24 hours of the time of the test.
- Dress comfortably and use the restroom prior to testing.
- No eating or gum chewing is permitted during testing.

If you become uncomfortable or for any reason want to pause or stop the test, just let us know. The results of the test will not be given to you until Dr. Gogan has time to review the results. He will contact you once the results are available, which is usually within a day or two following this test.

If you have any questions regarding this procedure, please call **(262) 241-8000**.